



8:30 am – 9:00 am

Registration & Continental Breakfast

9:00 am – 9:30 am

Welcome, Introductions & Ice Breaker

- ✚ Jami Simpson – MEAC President, Fellowship Coordinator Department of Medicine University of Wisconsin
- ✚ Tricia La Fratta – MEAC VP of Education, GME Manager Aurora Health Care

9:30 am – 10:30 am

Keynote Address – It’s not you, It’s ME! – Leading from the Middle and More

- ✚ Robert Gouthro, M.D. – Director of Residency Training, Central Wisconsin Psychiatry Program Medical College of Wisconsin
- ✚ Alexandra Reischman, M.D. – Chief Resident, Central Wisconsin Psychiatry Program Medical College of Wisconsin

10:30 am – 10:45 am

Break

10:45 am – 11:45 am

Career Development: Career Stages for Medical Education Administrators and Coordinators

- ✚ Breakout Session

Session Objectives:

- ✚ *Identify career stages for medical education administrators and coordinators – Early, Mid, Experienced*
- ✚ *Describe role responsibilities at different stage in career*
- ✚ *Understand career development for medical education role at different points in career*
- ✚ *Determine how to continue to grow in role*

11:45 am – 1:00 pm

Lunch & Networking

1:00 pm – 2:00 pm

Manage Change – Make Change ‘Kinda’ Smooth

- ✚ Rachel Filipiak, MHA – Graduate Medical Education Program Manager

Session Objectives:

- ✚ *Identify basic principles of change management practices*
- ✚ *Describe basic process of organizational change*
- ✚ *Identify change management strategies that work for your team*

2:00 pm – 2:15 pm

Break

2:15 pm – 3:00 pm

Finding Meaning while Managing Work, Family and Money

✚ David Rebedew, M.D. – Family Medicine Physician at Mercy Health

Session Objectives:

✚ *Reconnect to things that give your life meaning*

✚ *Create a SMART goal that will improve your wellness today*

✚ *Make the first step to getting your financial wellness on track*

3:00 pm – 3:30 pm

Bringing it all together & Networking