

## A Better Program & A Better You:

## Advocating for Program Enhancement and Professional Enrichment

Time	Activity
8:00 am	Networking Breakfast
8:30 am	Welcome and Introductions
9:00 a.m.	Professional Empowerment & Advancement: It begins with YOU!  As our roles continue to evolve and we're given more management, development, and leadership responsibilities, how do we take charge of our professional journey without it taking charge of us? Our keynote speaker, Beth Payne, C-TAGME, will review barriers and solutions to professional development and recognition so that we can identify opportunities to empower ourselves and those around us.
10:00 a.m.	The 5 W's of Accreditation: Who, What, When, Where, and Why?  • UME Accreditation Nuts and Bolts  • GME Accreditation Nuts and Bolts
	We hear that our programs are "accredited", but what does that mean for us, our program, and our learners? We'll review the global umbrella of accreditation and then break out into UME and GME groups for specifics about accreditation agencies, requirements, and tools to meet these requirements for our programs.
10:45 a.m.	Break
11:00 a.m.	Coordinator Wellness: Prescribing Creativity  Learn how to fall in love againwith your job! At some point in our jobs, we all look for new levels of increased happiness and satisfaction and this can be done using the "creative flow state". This workshop is interactive, fun, and inspirational, using evidence-based research in the psychology of burnout, neuroscience, and functional medicine.
11:45 a.m.	Medical Learner Wellness: Panel Discussion  We'll hear directly from a panel of medical learners who will share with us how programs support their wellness, why it's important to address burnout and other wellness issues, and the role coordinators play in learner wellness.
12:30 p.m.	LUNCH
1:15 p.m.	Coordinator Portfolio: Prove it, Speak to it, Reflect upon it Whether you're looking for job-advancement, a career change, or recognition, a Portfolio will help you show evidence of your skills, achievements, and professional growth. Learn how to use your portfolio, what belongs in it, and how to organize it!
2:00 p.m.	Break

2:15 p.m.	Breakout Session:
	Mentoring and Broadening Your Professional Network  We've all heard the phrase, "It's not what you know, but who you know" and now it's time to put this into action! Explore the benefits of the mentor/mentee relationship and the value of networking with your local and regional coordinator peers.
	Takin' Care of Business: Advising Students, Residents, and Fellows How to Best Prepare for the Future  Coordinators are charged with many roles, including advisor for his/her trainees. Attendees will generate a plan for advising trainees during recruitment and other transitional points in training, resulting in their forever job.
3:00 p.m.	PANEL DISCUSSION: Coordinator Peers Q & A  It's time to hear different perspectives from our senior peers about personal and program improvement, their advice to junior coordinators, how they navigate challenges, and more!
3:30 p.m.	Reflections on the Day