

# Professional Empowerment & Advancement: It begins with YOU!

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## Today's Format



1. Overview the concept of Professional Empowerment and our professional journey
2. Review barriers and construct solutions to Professional Advancement
3. Identify ways to empower yourself and those around you

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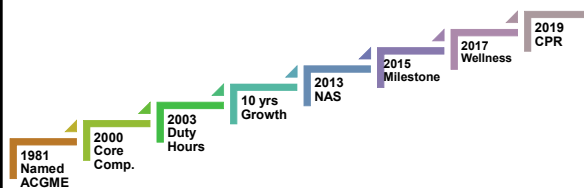
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## Professional Journey



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Professional Recognition:  
How Do We Get There?

- Rely on the ACGME?
- Rely on the Institution?
- Rely on yourself?



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Common Barriers and Simple Solutions

- Lack of support
- Lack of time
- Lack of money
- Lack of desire
- Lack of opportunity



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Empower Yourself and Others

- Self Leadership
- Set goals
- Lead
- Market Yourself
- Build others up
- Share Information
- Create a positive environment
- Support a learning environment



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